#### **Jason Welch**

## **Director of San Francisco Wrestling Club / RTC**

# **Head Coach Wrestling San Francisco State University**

## **Post-College**

- 2017 US Open (8<sup>th</sup>)
- 2015 Cerro Pelado (Bronze)
- 2014 Cerro Pelado (Bronze)
- 2014 US Open (6<sup>th</sup>)
- 2014 Canada Cup (3<sup>rd</sup>)
- 2014 US World Team Trials (4th)

## College

- 2013 Big Ten Champion
- 2013 NCAA Finalist
- 2013 All-American (2<sup>nd</sup>)
- 2012 All-American (4<sup>th</sup>)
- 2011 All-American (6<sup>th</sup>)
- 2011 & 2012 Midlands Champions

Career Record 116-22, Dual Meet Points For- Against 258-18, 3x NCAA All-American, NCAA finalist, Big 10 Champ, 3x Big 10 Finalist, Keystone Classic Title Winner, 2x Midlands Title Winner, 2x NWCA All-Star Classic Competitor, career victories 116 (55 with bonus points, 24 major decisions, 16 tech falls, 15 pins).

#### **High School**

- 2008 CA State Champion
- 2007 CA State Champion
- 2006 CA State Champion
- 2005 CA State Finalist

Career Record 194-7, ranked number 1 recruit in the nation, undefeated Junior and Senior year, Junior Hodge Trophy Winner, awarded annually to the nation's best high school wrestler. California athlete of the year d2 via Cal Prep. 13th wrestler to win 3 CA state titles, voted three years in a row as one of top 5 male athletes in the East Bay, Ironman title, Reno TOC title, First Team ASICS High School All-American Wrestling Team, Dapper Dan and Dream Team Competitor, NCS champion soccer, all-league defensive lineman, Las Lomas High School Walnut Creek, CA.